

## **Children's RE: Winter-Spring Summary**

### **The schedule for the rest of year is as follows:**

January 19<sup>th</sup> - Little Acts of Creation with Chris & ArtisTree - Chris sick - Geraldine to cover  
January 26<sup>th</sup> - Lessons in Yoga and Art with Geraldine  
February 2<sup>nd</sup> - The Natural World with Anthea  
February 9<sup>th</sup> - Lessons in Yoga and Art with Geraldine  
February 16<sup>th</sup> - Little Acts of Creation with Chris & ArtisTree  
February 23<sup>rd</sup> - Lessons in Yoga and Art with Geraldine  
March 2<sup>nd</sup> - The Natural World with Anthea (RE Coffee Hour)  
March 9<sup>th</sup> - Lessons in Yoga and Art with Geraldine (RE Coffee Hour)  
March 16<sup>th</sup> - Lessons in Yoga and Art with Geraldine (RE Coffee Hour)  
March 23<sup>rd</sup> - Lessons in Yoga and Art with Geraldine (RE Coffee Hour)  
March 30<sup>th</sup> - Little Acts of Creation with Chris & ArtisTree (RE Coffee Hour)  
April 6<sup>th</sup> - The Natural World with Anthea  
April 13<sup>th</sup> - Lessons in Yoga and Art with Geraldine  
April 20<sup>th</sup> - Easter! Egg hunt with Chris, Geraldine & Anthea  
April 27<sup>th</sup> - Lessons in Yoga and Art with Geraldine  
May 4<sup>th</sup> - The Natural World with Anthea  
May 11<sup>th</sup> - Lessons in Yoga and Art with Geraldine - Mother's Day performance!  
May 18<sup>th</sup> - Little Acts of Creation with Chris & ArtisTree  
May 25<sup>th</sup> - Lessons in Yoga and Art with Geraldine  
June 1<sup>st</sup> - The Natural World with Anthea  
June 8<sup>th</sup> - Lessons in Yoga and Art with Geraldine  
June 15<sup>th</sup> - Little Acts of Creation with Chris & ArtisTree - Last class for the year!

### **Children's Chapel December 22, 2013**

Geraldine teaching

8 children participating

Today we had a mixed aged group. We did our joys and concerns and then by request "Bop 'til You Drop." We watched two videos on North Chapel House that the children really enjoyed. The children wondered if they could make their own video to send to the children in the North Chapel House? We finished with playing with "foam" and magnetic tiles.

### **Children's Chapel January 12, 2014**

Geraldine teaching

3 children participating

Today we spent some time catching up and talking about what's been going on over the break. We did a lot of dancing and yoga poses! The children were exhausted by the end!

### **Children's Chapel January 19, 2014**

Geraldine teaching

4 children participating

We had a wonderful day. Started with a new warm-up routine and followed with the following dances;

- Dance for the Sun
- Beanie Bag dance
- Bop 'til You Drop
- Going On a Bear Hunt

Finished with our closing words.

### **Children's Chapel January 26, 2014**

Geraldine teaching

6 children attending

Today the children had many stories to share. Once we were done talking we did some warm-up exercises and the children shared different yoga poses, such as bridge, headstands and such ...lots of fun and movement!

### **Children's Chapel February 2, 2014**

Anthea teaching

3 children participating

Today we revisited the concept of upcycling and created necklaces out of slices of cork, eye-screws, paint, pastels and beads. Each participant made 2 or more necklaces, and it was nice to see the oldest participant helping the younger two.

### **Children's Chapel February 9, 2014**

Geraldine teaching

1 child participating

Today it was just Nuala and I. We spent some time warming up and then doing dances by request. Once we tired ourselves out we read two stories: "Affirmation Weaver" and "Bubble Riding" by Lori Lite.

### **Children's Chapel February 16, 2014**

Chris teaching

2 children participating

We did the opening words, chalice lighting and joys and concerns. Today we made mini pop-up books, which were made without the use of glue and sewing and they have moving parts. The children wrote their own stories. We also read a pop-up book called "Yellow Square."

### **Children's Chapel February 23, 2014**

Geraldine teaching

No children attending.

### **Children's Chapel March 2, 2014**

Anthea teaching

6 children participating

Today we talked about the materials and techniques that birds use to build nests. We examined 5 different real nests on loan from VINS and noted the shapes and identified the components (i.e., moss, birch bark, dry grass, and lichen). The we used natural materials to create nest-like Easter baskets. Children used moss, coconut fiber, lichens and floral wire to design their nest baskets. We ended the class with several dances of freeze-dance.

### **Children's Chapel March 9, 2014**

Geraldine teaching

3 children participating

Today we spent some time warming up and sharing our favorite yoga poses. We then did some dances, such as Fishy Dane, Beanie Bog Dance and Bop til You Drop. We finished with a visualization

relaxation. I told a story about a “light bulb brain” and the children were so relaxed they asked for another ‘Star Prelude.’ Very nice class today!

### **Children’s Chapel March 16, 2014**

Geraldine teaching

2 children participating

Great morning – we warmed up with poses, and did the Dance for the Sun movement, followed by Fishy Song, Beanie Bag Dance and Bop ‘til You Drop. We ran out of time having too much fun dancing :-)

### **Children’s Chapel March 23, 2014**

Geraldine teaching

7 children participating

Today we drew pictures for the children of the Life and Hope Association – North Chapel House!! A lively, fun bunch of children today.

### **Children’s Chapel March 30, 2014**

Chris teaching

2 children participating

We read “Sis’ Ole Goose,” and African and Aesop-style fable. We made cranes with messages of fables inside. The cranes were then put in a bouquet of flowers for each child. The cranes and the tulips mirror the message of the Roots and the Oak from the minister, but also fused the moral from the book.

### **Children’s Chapel April 6, 2014**

Anthea with Peggy Brightman and Hope Yeager teaching

3 children participating

Today Peggy Brightman began rehearsals for the upcoming rainforest-themed performance, scheduled for May 4. She led participants through a series of movements inspired by rainforest animals (e.g., jaguar, three frog, snake, bird). Participants very much enjoyed this activity! Anthea then presented a short craft: in anticipation of spring blooms we made giant, multi-colored tissue paper flowers.

### **Children’s Chapel April 13, 2014**

One child participating

Geraldine teaching

Today Peggy and Hope joined us. We spoke about animals in the rainforest and acted them out: e.g., leopard, frog, praying mantis, and snake. Then we started backgrounds for showday! Afterwards we did the fishy dance.

### **Children’s Chapel April 20, 2014 - Easter**

Geraldine and Anthea teaching

11 children participating

Easter Egg Hunt!!! Thanks to all who donated eggs and candy. We had a fabulous time outside collecting an abundance of eggs.

### **Children’s Chapel April 27, 2014**

Geraldine teaching

10 children participating

Visiting dancers: Peggy, Suzi, Hope

Today we spent more time exploring the animals of the rainforest and preparing for our performance next week. We finished up with art work for the church decorations for next week.

### **Children's Chapel May 4, 2014**

Dance Performance!

9 children participating

Anthea teaching

This morning, children participated in a dance program organized and choreographed by Peggy Brightman. The kids had a ball and their performance was very well received!! Big thanks to Miss Peggy!

Back in the classroom, we had a very thoughtful discussion about the things that we throw away and creative solutions for keeping materials out of the landfill) e.g., re-using, re-purposing, re-cycling, up-cycling). We then continued our tradition of up-cycling by creating necklaces out of bottle caps. It was a very thoughtful group with great ideas and knowledge about our role as protectors of the environment.

### **Children's Chapel May 11, 2014**

Mother's Day Performance!

8 children participating

Geraldine teaching

This morning we started with an amazing Mother's Day performance from the children. Tess decided that she wanted to sing a quick song for her nanna "You are my sunshine" and then led the children into our "Dance for the Sun" routine. They were fabulous! Brenda then spoke to the children and congregation about her trip to India and shared photos. Brenda gifted the children with some Indian spices and fabric flowers made in India.

We first had some energy we needed to expend so we did some "freeze dancing" and then the "Fishy Song". We then spent the rest of our morning together learning about "Mindfulness" – I introduced the "chime" and what it means to "come home". We also practiced mindful breathing and meditation. We listened to a wonderful song titled "Follow your breath" and read the book "Peaceful Piggy's Meditation". The children then sat in meditation for a few minutes and told me how "peaceful" and "calm" they felt afterwards. One child who had been worrying about a test told me that she didn't feel so worried anymore ☺ Yeah!!