

## ***RE Notes December 2015 – January 2016***

### **January 10 2016**

K-3: 4 children w/ Geraldine

4-6: 3 children w/ Ben

K-3: The children enjoyed a spirited conversation about various issues that they face on a daily basis and helped each other problem solve incorporating some of the 7 UU Principles.

4-6: Children enjoyed good conversation and lesson on sound vibrations using the Tibetan singing bowls and drew about how it made us feel thereafter (words came up like calm and relaxed).

### **Sunday Jan 3 2016**

K-3: 4 children w/ Ben

4-6: 5 children w/ Geraldine

K-3: The group reflected on 2015, designed and created "Thank you cards" to someone who meant a lot to him/her.

4-6: Children devised a game of "Scavenger Hunt for friends and Principles". Used the 7 Principles to discuss both personal and community resolutions!

### **December 27 2015**

4 children participated in art and drumming at ArtisTree

### **Sunday Dec 20**

**K-3 Geraldine** 5 children

**4-6: Ben** 5 children

K-3: Read "The Christmas Angel" and talked about Christmas as a time for giving and receiving and the various ways children can "give" to others. Decorated decorations for both home and the RE space.

4-6: The children wrote and participated in a skit to express & teach various UU principles. They will continue to work on the skit and will perform for the younger RE children.

**Sunday Dec 13**

**K-3 Geraldine** 11 children

**4-6: Ben** 3 children

K-3: We practiced a couple breath exercises such as "Hot Air Balloon" and "Lion Breath". We then did yoga poses to different animals you would find on a safari such as elephant, giraffe, snake! We finished up with some art as requested by the children

4-6: While making cloved-oranges, the children (and Ben) enjoyed a good discussion about giving and receiving with the holidays around the corner.